

❖ Goodwill Signals

Encouragement During The Circle: Teach students to encourage their peers by using body language such as smiles, head bobs, clapping their hands to the beat, or cheering!

Encouragement After “Mistakes”:

Words	“Wash it Away.”	“Got Your Back.”	“Next Time.”	“I Got You.”	“LEGGO!”
Action	Wash hand over face	Pat yourself on the back	Point at watch	Fist pound on chest	Swirl index finger in the air

Help: Being able to ask for what you need shows humility and builds trust. “Gale, can you help me with...” In times of conflict this phrase is for students to state their needs: “Arthur can you help me with...” And if someone missed a class or important point, “Cameron, can you help get Kumi caught up?”

Open Palm Point: This is a way to gesture or give directions that avoids pointing with the index finger. While it seems benign, pointing with your finger can feel aggressive or accusatory, and has negative connotations in many cultures. One version of the open palm point is palm open and up on a 45 degree angle with a gesture toward what you are referring to.

“We” Statements: When mistakes or strategy are discussed, encourage statements that use “we” rather than “I” or “you.” This avoids blame and invites responsibility from all members. “If we continue to do 'X' we will not move forward; if we do 'Y' instead, then we may be able to make our music better!”

Manners: Please and thank you.

Sincerity: “Say what you mean, mean what you say, but don’t say it in a mean way.”

Celebrate: Practice how to celebrate leadership, courage, and taking risks by clapping, cheering, and rumbering, so students feel supported when they step up.

NUGGETS:

LEADERSHIP BURNOUT: Notice the group energy when the class is led by their peers. Authentic support from the ensemble is important but if they are being led too much without any input, energy will wane. Keep it to three to five leaders and have someone energetic at the end to decrease burnout.

REVERSE THANKING: Why do we always have to clap for the leaders? Shouldn’t it go both ways? After the ensemble has shown support to the leader, have the leader thank the ensemble with their body or voice to reinforce the idea of leadership as service to the ensemble.

