

❖ Give: Rhythm VESTS

Some rhythms are easier to collaborate with than others. When you create with the intent to collaborate, have everyone put on their collaboration “**VESTS**”.

When rhythms are:

Visual, have
Energy, leave
Space, contain
Texture, and are
Simple, we can collaborate well together!

Visual: If others can't see what you're doing they can't incorporate it into their own rhythms. Rhythms that are easy to see with clear movements are fun to follow.

Energy: Rhythms that allow you to feel something invite others to collaborate with the emotion beneath the rhythm.

Space: If we play all the notes there is no room for anyone else. As soon as we leave space in our rhythms we provide opportunities for others to collaborate with us. Three ways to make space are:

- **Rests:** Leave space in your rhythm!
- **Mix the Quick:** Spread your rolls and 16th notes out with a mix of quarter notes and rests.
- **Dynamics:** A mix of loud and soft notes will help make space in the music.

Texture: Diversity in collaboration is a strength. If we all play the same notes (bass and tone) there are a limited number of possibilities. When you add different modalities and textures to your rhythm it helps the rhythm stand out and gives others in the circle something to work with.

Simple: If we want someone to follow or integrate our rhythm they need to be able to understand it. If you keep your rhythm to just a few ideas the ensemble will be able to integrate your rhythms into the group song.