

## ❖ Ensemble Mastery Tips

How to adjust the game without letting them win:

<b>Amount of time</b>	Adjusting the time based on the resilience of the group can be a great motivation tool. We are going to see how far you can make it in 10 minutes.
<b>Amount of failure</b>	You have 5 more chances to pass this level.
<b>Appoint leaders</b>	Ensemble Mastery encourages the group to use their voice and body to communicate with each other, pick out leaders that are clear and consistent to assist those struggling.
<b>Adjust the daily goal</b>	If the current goal seems unattainable, set a mini goal for the day to end on a small success without compromising the final goal or game rules.

### Communication

- **Body language:** Most Ensemble Mastery games have a “no talking, but you can communicate” policy. Encourage them to use body language and signals to help each other in the game.
- **Strategy:** Build some time for them to discuss strategy and make a plan, without your help.
- **“We” statements:** when discussing mistakes or strategy encourage statements that use “we” rather than “I” or “you.” This avoids blame and encourages responsibility from all members. “If we continue to do “X” we will not move forward, if we do “Y” instead we will pass this level.
- **Help statements:** if there are people intentionally holding the group back, encourage others to ask for help “we need you help with “X”, can you help us?””

**Framing Competition:** Focus on the internal progress rather than the external markers. Notice and celebrate ensemble transformations that led to getting to each level. When there is an increase in focus, an emergence of leadership, ensemble support or they overcome struggle, make them aware. Of course it's nice to celebrate moving to the next level but reviewing the qualities that got them there is what will prepare them to play without you.

**Cater to Each Group:** Find what you think each ensemble needs to work on the most and incorporate that into the Ensemble Mastery game. Is it Movement? Communication? Using their voice? This will help groups understand that each ensemble has different challenges to overcome and that what they can control most is becoming the best version of themselves.